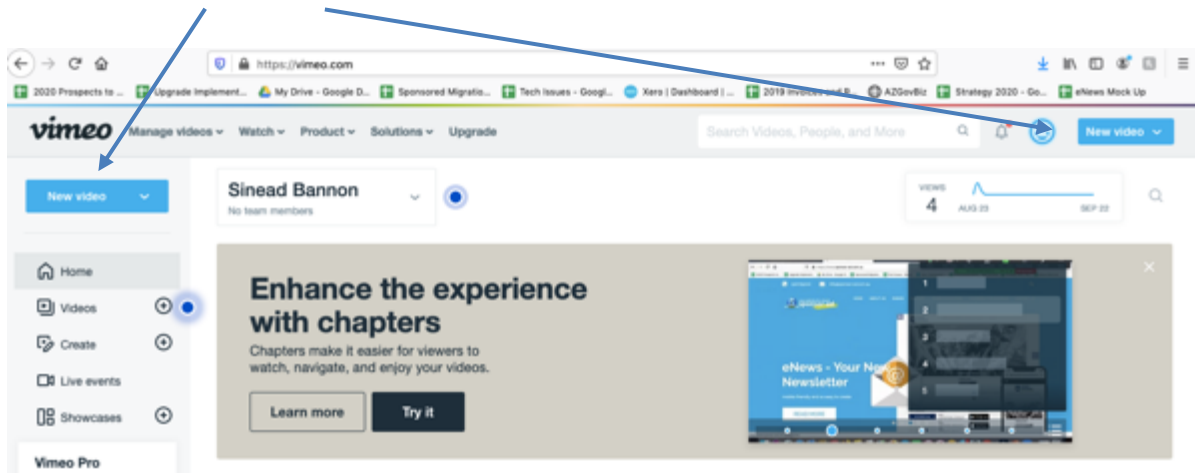
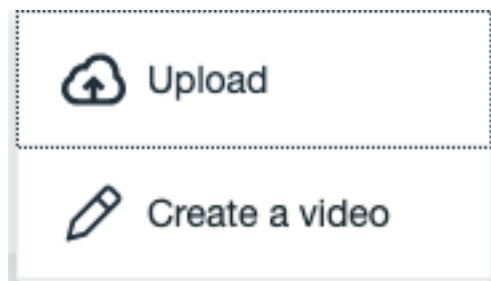


# Uploading a Video using Vimeo

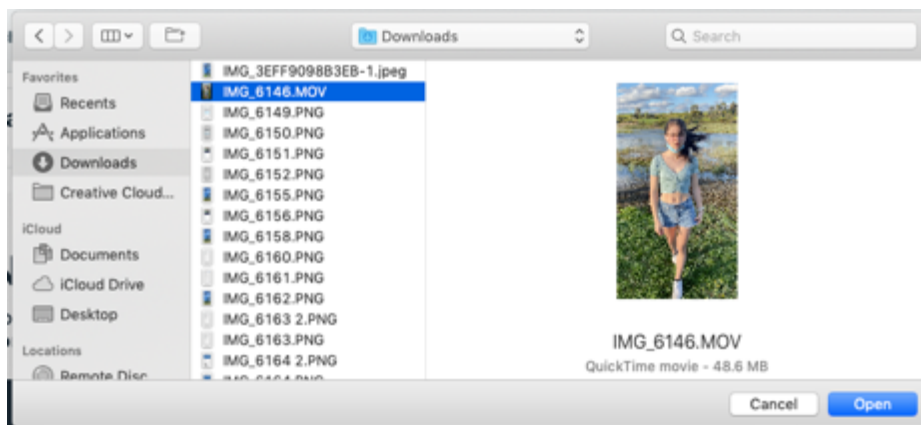
1. Go to vimeo: <https://vimeo.com> and either login or create an account. Click on New Video. (either button is fine)



2. Choose "Upload"



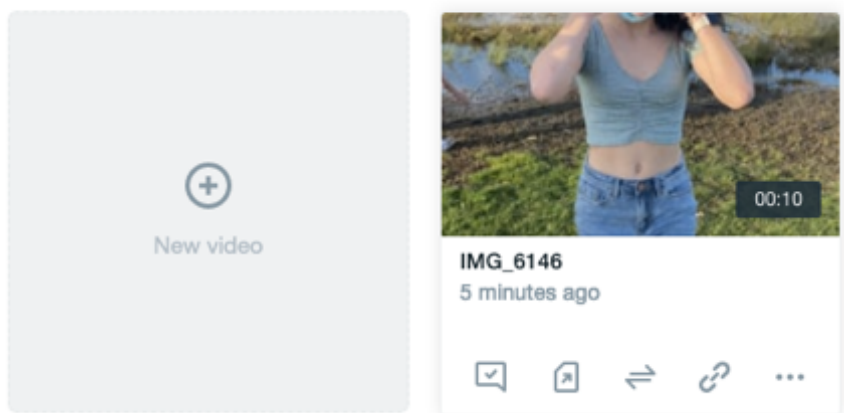
3. Select the video you wish to upload or drag and drop into the window.



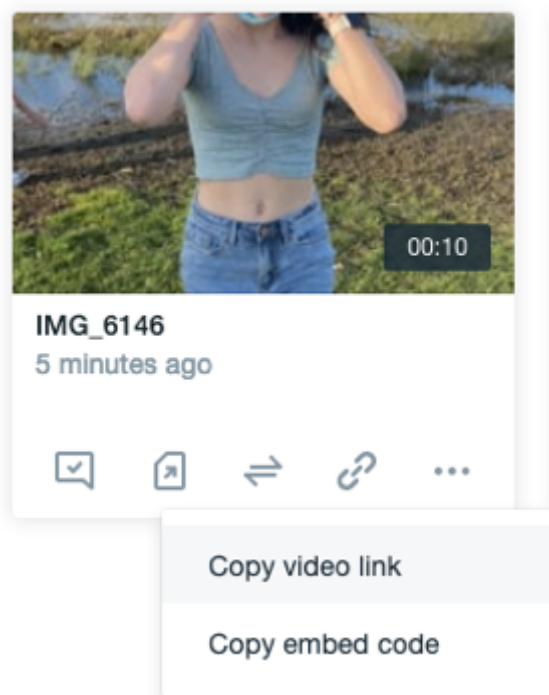
# Uploading a Video using Vimeo

4. When your video is loaded it will produce a thumbnail under Recent Videos.

## Recent videos

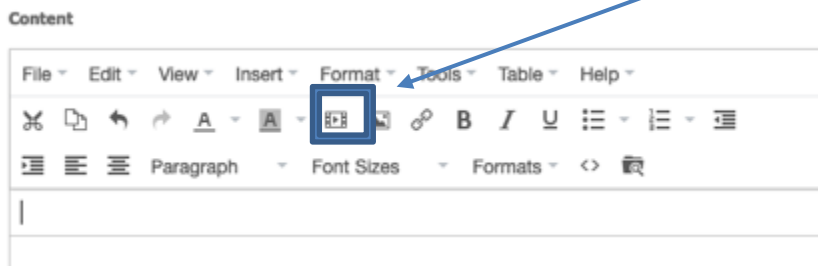


5. Click on the Chain/Link icon, then click on "Copy video link".

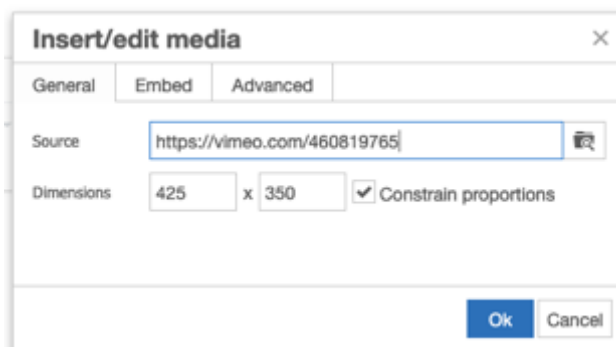


# Uploading a Video using Vimeo

6. Go to the page you wish to embed your video, put your cursor where you would like the video to appear and click on insert media button



7. Paste your link into the Source field and click on OK.



8. Your video is now uploaded to your page. Update your page and visit your site to view the embedded video.

## UPLOADING USING VIMEO

